

2007-2008 Annual Report: The Behavioral Health Training & Education Network



"Be not afraid of growing slowly; be afraid only of standing still".
Chinese Proverb

I: Introduction

During the past year, both our team and responsibilities have continued to grow; the 2007-2008 academic year was certainly not one of "standing still".

We have two new staff members, Ms. Elizabeth Harrison and Ms. Dineke Briggs. Elizabeth ("Liz") has taken on the role of Conference/Special Event Coordinator for BHTEN. Although all BHTEN members are involved in the many conferences and specialized educational events in Philadelphia, Liz has taken the lead role for our group. To date, she has been involved in the following events: the March 2008 Recovery in Motion Conference, the May 2008 Faith-Based Conference, the June 2008 NIATx Events, the September 2008 Resilience Conference; Liz is also currently involved in the planning and organization of several other conferences scheduled later in the fall 2008 semester.

Dineke ("Dee") joined our team as our part-time Clerical Assistant. Dineke is involved in our course pre-registration, registration and other data-related processes. Like other BHTEN staff members, Dineke will be involved with DBH/MRS conference planning and implementation and will be one of our primary points of contact regarding registration and general training information. Dineke is currently in school and is working toward a degree in nursing. She also has a strong desire to learn about behavioral health.

Other changes have been more technological in nature. First, with the financial support of DBH/MRS, BHTEN purchased and installed EventsPro/EventsInteractive software, which will allow many tasks associated with educational events to be done on-line by the training participants themselves. Second, BHTEN has upgraded its audiovisual technology in both of the large 7th floor training rooms; this will enable easier transition between different media types requested by our contracted instructors. These updates are discussed in more detail in the Data Management Section (VI) of this report.

Finally, we have dedicated both of our 7th floor training rooms in memory of two of our former staff members, Lorraine Scalzo and Clarice Myers, now known as the Lorraine Scalzo Conference Center and the Clarice Myers Resource Center. These facilities are a tribute to both women who, in different but equally important ways, contributed to the

field of behavioral health education and we hope to have a dedication ceremony during the spring 2009 semester.

Still other changes involve specific content areas contained within different training curricula. For instance, curricula have been revised, added or deleted depending on current evidence-based practices and as dictated by Philadelphia's system transformation goals. BHTEN has taken an even more active role in coordinating State Mandated trainings, regulated by the Bureau of Drug and Alcohol Programs (BDAP), for the entire County of Philadelphia. Other changes related to our trainings are subsequently described in the body of this report.

In February 2008, BHTEN applied to the American Psychological Association (APA) in order to provide continuing education credits (CEs) to psychologists. In April, BHTEN was recognized as an Approved Provider, which expands the different credits types offered by BHTEN to include CE credits for psychologists, PCB Approved credits, social work credits and CEUs via BHTEN status as a ceu provider by the International Association of Education and Training (IACET). It was a very challenging and rewarding year!

II: Statistics

At this time, statistical data is still being analyzed and not yet available. However, it is safe to say that, in response to various DBH/MRS system transformation activities during the past year, the number of training hours, people taught, number of ceus awarded and number of trainings days has increased significantly over the 2006-2007 academic year.

III: Educational Offerings

A. Conferences/Special Events: Working with a variety of local agencies, BHTEN staff have been involved in a number of large events including the following:

1. *The Asian/Pacific Islander Symposium* held on October 23, 2007
2. *A New Day: Recovery Celebration Conference* held on November 19, 2007 at the Marriott Hotel in Center City Philadelphia.
3. *The Resilience and Recovery Conference* on March 28, 2008.
4. In conjunction with The Philadelphia Alliance of Specialized Agencies, a BHTEN staff member was involved with *The Direct Service Professional (DSP) Conference* held on April 25, 2008 at the Hilton Hotel on City Line Avenue.
5. *The Have Faith in Recovery: Mind, Body, Spirit: A Holistic Approach Conference* was held on May 16, in 2008 at the Enon Tabernacle Baptist Church.
6. Several BHTEN staff were actively involved in the *June 2008 NIATx project*
7. BHTEN Staff were intimately involved in the *Resilience Conference* held on September 26, 2008.

B. Conflict Resolution Training

In collaboration with the Mayor's Office for Faith-Based Initiatives (MOFI), DBHS/MRS and Good Shepherd Mediation Program, BHTEN was very actively

involved in organizing and supporting Conflict Resolution trainings to different segments of the community including:

1. Twenty-five Conflict Resolution small group trainings were held throughout the city of Philadelphia during the fall of 2007
2. Conflict Resolution Training of Trainers Project (TOT): October and November, 2007
3. BHTEN planned and implemented a large event to provide a 7-hour overview of conflict resolution to approximately 325 Parent Truant Officers (PTOs) as well as Block Captains & other citizens involved in Philadelphia's TownWatch; this event took place on October 30, 2007

C. Annual and Specialized Training Projects:

1. Recovery Foundations Training (RFT): 18 two-day sessions per year
2. State Mandated Trainings: 28 trainings/year
3. Recovery House Training Series: 10 sessions
4. Issues and Resources Series: 10 sessions
5. Children's Behavioral Health System: Training & Other Related Activities
 - a. Children's Case Managers' "Philadelphia-specific" Orientation Series: 18 trainings
 - b. General Trainings open to the entire Children's system: 10 trainings
 - c. Student Assistance Program (SAP) Training: 4-day training
 - d. Nine other Children/Adolescent trainings on a variety of individual topics
6. Mental Health Residential Training Series (RST): 6 full-day sessions
7. Support for the CARES Project
8. Behavioral Health Trauma Training Initiative
 - a. Cycles of Violence Series: 10 trainings
 - b. Specialized Trauma Training Sessions: 3 sessions
 - c. Trauma Recovery Empowerment Model (TREM)
 - d. Five additional trainings trauma-related trainings:
 - e. Provided trauma related trainings and presentations at conferences in behavioral health and other human services settings
9. Specialized Case Management Training Series: 4 sessions
10. Crisis Management & Verbal De-Escalation Training: 6 sessions
11. Department of Behavioral Health - Case Management Orientation (Adult): 33 total sessions
12. TCM Supervisor Training Series: 10 sessions
13. Community Treatment Team (CTT) Training Specialist activities

IV. Collaborative Efforts by various BHTEN Staff:

1. Serving on the statewide Student Assistance Program (SAP) Advisory Committee.
2. Hosting the quarterly meetings of the Children's Case Managers Supervisors.
3. Service on the Children's Subcommittee of the Office of Addiction Services (OAS).
4. Service on a task force with DBH/MRS and the Philadelphia Department of Recreation to develop a training program for camp counselors for the city's summer camps.

5. Co-Chair of the Commonwealth Approved Trainers (CAT's); these professionals are the certified trainers of SAP, authorized to deliver the approved PA model for SAP.
6. Work on the Multiplying Connections project, a collaborative effort of the major child-serving systems in Philadelphia.
7. Several staff serve on the Pennsylvania Association of Psychosocial Rehabilitation Services (PAPSRS) Conference Planning Committee
8. Serve on the planning committee for the Philadelphia Alliance Direct Service Professionals annual conference.
9. Provided monthly trainings on psychopharmacology to members of the Philadelphia Police Force
10. Serve on the Clinical Network for Children Exposed to Domestic Violence (CEDV) sponsored by the Institute for Safe Families.

V. BHTEN meetings, focus groups and task forces:

During the past year and, in some cases on an ongoing basis, BHTEN staff was/are involved in a number of task forces and work groups; these include but are not limited to:

1. Faith-Based Conference Planning Committee (2 staff members)
2. Person First Task Force
3. Behavioral Health Case Management Planning Team (2 staff members)
4. TCM All System's Planning Committee (2 staff members)
5. TCM Supervisory Training Group
6. CTT Management Team (ended June 30, 2008)
7. DBH Trauma System Transformation Task Force
8. State-Wide SAP Committee
9. Commonwealth Approved Trainers (CAT) Meetings
10. Forensic Conference Planning Committee
11. DBH Training Coordinators Group
12. Recovery Foundations Training Train the Trainer (TTT) meetings
13. Case Management Awards Planning Committee

VI. BHTEN Data Management: A Continuous Quality Improvement Process

As continuing quality improvement procedures necessitate, BHTEN is continually seeking to become more efficient in its work. In response to increased educational demands, BHTEN has been and still is implementing state-of-the-art technology as subsequently described.

A. Upgraded equipment :

1. Networked color printer which will allow us to print better quality products and to better respond to increased demand related to conference materials
2. BHTEN audio-visual equipment in both training rooms was upgraded to a one-touch button system

B. Software upgrades:

1. Upgraded MS Publisher 2000 to MS Publisher 2007 on several BHTEN computers

2. Events Interactive (Ei)/EventsPro: upgraded training and conference management software
 - ❖ EventsPro streamlines event management experience with functional modules covering demographics, notes, marketing, sales/ sponsorships, registration, functions, continuing education, housing, travel, transportation, speakers, exhibitions, profiles, accounting, reports and project management. With all this event management functionality in one place BHTEN will be better equipped to handle both smaller everyday training events as well as large conferences. The latest software version is EventsPro 11.
 - ❖ EventsInteractive is an option that enables us to maximize the power of eventsPro, eventsPro CE or memberConnect via the Internet. This software will allow us to build online registration websites, accept speaker abstract submissions, send online surveys and generate one-click reports to clients over the web with ease. EventsInteractive can be used onsite to allow attendees to self-register, pay or update their information.

C. Mailing/List Serv Project :

1. BHTEN re-issued a mailing to over 800 provider agencies in order to update agency contact persons and their addresses. BHTEN received requests from approximately 25% of the agencies to update contact information. This will allow BHTEN to reach our targeted training populations in a more efficient, timely, and cost effective way.
2. Also, by collecting and recording e-mail addresses, BHTEN has created a list serve in order to be able to e-mail educational materials. We are currently updating and collecting corrected addresses for this purpose.

VII. Other Current Activities

Other activities involve curriculum development designed to support evidence-based practices and system transformation and include, but are not limited to:

1. Development and Delivery of the Cross-Systems Training Institute's Training of Trainer (TOT) sessions as part of the Multiplying Connections Grant Awarded to the Health Federation of Philadelphia by the Penn Foundation
2. Development and Delivery of a New Course for Issues and Resources Training Series on "*Borderline Personality Disorder and Recovery*"
3. Development and Delivery of a New Course for Cycles of Violence on "How Staff Can Become More Trauma Informed"
4. Revision of courses taught to reflect updated information on traumatic stress response and how to be trauma informed