

The Philadelphia Department of Behavioral Health & Mental Retardation Services
The Behavioral Health Training and Education Network
Cycles of Violence Series

Trauma/Complex Trauma & Psycho-education: The Importance of Knowing for Consumers & Family Members

Presenters:

Edie Mannion, MFT

Southeast Pennsylvania Mental Health Association

Veronica Bowlan, MSW, LSW

Behavioral Healthcare Education Division, Drexel University College of Medicine

Both Ms. Mannion and Ms. Bowlan have provided direct service, as well as training presentations to service providers, persons in recovery and family members related to the impact of trauma and child abuse, as well as psychoeducation and family education for many years.

Neither presenter has real nor apparent conflicts to disclose.

PLEASE NOTE: THE MATERIAL IN THIS SESSION WAS ALSO PRESENTED AS PART OF THE CYCLES OF VIOLENCE: ISSUES OF ABUSE SERIES in 2007 to 2009

Day/Date: Wednesday, May 19, 2010

Time: 9:00 AM to 3:30 PM (REGISTRATION BEGINS 8:30 AM)

Target Audience: This introductory, overview course is for staff working in mental Health, substance abuse and other human services settings

Location: 520 North Delaware Avenue, 7th Floor, Suite C, Philadelphia

- BHTEN IS LOCATED IN THE RIVERVIEW PLACE BUILDING, CORNER OF DELAWARE & SPRING GARDEN: ENTRANCE ON SPRING GARDEN STREET

Cost: \$20.00 Per Person (PREPAID FEE)

Program Description Psycho-educational and family education interventions can offer knowledge, skills and hope for addressing the barriers that trauma/complex trauma can create in recovery. This seminar will provide several models of psycho-education and family education that can be adapted for behavioral health consumers and/or their family members as individual or in group interventions

Program Learning Objectives: By the end of this basic overview training, participants will be able to:

1. Identify symptoms of post-traumatic stress disorder (PTSD), complex PTSD, and borderline personality disorder (BPD);
2. Summarize an overview of psycho-education and family education models;
3. Describe at least 2 psycho-educational or family educational interventions for PTSD, complex PTSD or BPD.

Credits: .5 CEUs—BHTEN is authorized by IACET to offer .5 CEUs (= 5.0 TRAINING HOURS) for this program

5.0 PCB credits awarded through the Pennsylvania Certification Board

5.0 SW credit hours awarded. This course is co-sponsored by Bryn Mawr College Graduate School of Social Work and Social Research for a maximum of 5.0 credit hours. Bryn Mawr College GSSWSR, as a CSWE accredited School of Social Work, is a pre-approved provider of continuing education for Social Workers in PA and many other states

5.0 CE credits for Psychologists awarded. BHTEN is approved by the American Psychological Association to Sponsor continuing education for psychologists. BHTEN maintains responsibility for this program & its content

PARTICIPANTS MUST ATTEND ENTIRE PRESENTATION TO RECEIVE CONTINUING EDUCATION CREDITS & MUST SUBMIT A COMPLETED COURSE EVALUATION

Special Needs: Please indicate special needs on the registration form

BAD WEATHER? >>> CALL 215-923-2116, EXT. 401 TO CHECK ON ANY DELAYS OR CANCELLATIONS

QUESTIONS? >>> DINEKE BRIGGS, CLERICAL ASSISTANT, AT 215-923-2116, EXT. 293

PARKING: >>> PARKING IS NOT PROVIDED AND IS DIFFICULT TO FIND

- WARNING: Cars will be towed from nearby parking lots
- BHTEN IS UNABLE TO PROVIDE NOR MAKE CHANGE FOR THE METERS.
- PUBLIC TRANSPORTATION IS STRONGLY RECOMMENDED
- PLEASE PLAN ACCORDINGLY.

CLOTHING SUGGESTION

Maintaining room temperature that is comfortable for everyone is very difficult; you may want to wear layered clothing and/or bring a light sweater or jacket for when the room becomes too cool.



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Training Date: Wednesday, May 19, 2010

Registration

PRE-REGISTRATION and PRE-PAYMENT OF FEE are required.

- **FEE PER PERSON: \$20.00** - Make checks or money orders payable to **THE CONSUMER SATISFACTION TEAM**.
 - **NO** cash payments; **NO** refunds of fees due to participant cancellation; **\$35.00 CHARGE FOR RETURNED CHECKS**
 - Payment & registration form must be submitted together; registration will not be done by fax nor phone.
 - **MAIL** check or money order and registration form to:
The Behavioral Health Training and Education Network
c/o Clerical Assistant
520 North Delaware Avenue, Suite 7C
Philadelphia, PA 19123
- **Registration Form and Payment Deadline: May 12, 2010,**
 - **SPACES ARE EXPECTED TO FILL QUICKLY.**
 - Registration is done on a first come, first served basis.
 - Registration will be closed once seating capacity is reached
 - Sign-in begins at 8:30 AM on the day of the training

Confirmation:

- **THE IDENTIFIED CONTACT PERSON WILL RECEIVE CONFIRMATION FOR ALL REGISTERED PARTICIPANTS BY FAX PRIOR TO THE TRAINING DATE;**
 - **CONTACT PERSON IS TO DISTRIBUTE AS NEEDED TO TRAINING PARTICIPANTS.**
 - **PARTICIPANTS ARE EACH REQUIRED TO BRING THEIR CONFIRMATION LETTER ON THE DAY OF THE TRAINING.**

Please type the information or print clearly.

AGENCY NAME CONTACT PERSON AND POSITION

AGENCY STREET ADDRESS E-MAIL ADDRESS

CITY, STATE, ZIP CODE PHONE # FAX #

Participant Names and Programs *(PLEASE INDICATE ANY SPECIAL NEEDS OF PARTICIPANTS)*

1. _____
NAME PROGRAM

LAST 4 DIGITS OF SOCIAL SECURITY # PHONE NUMBER E-MAIL ADDRESS

2. _____
NAME PROGRAM

LAST 4 DIGITS OF SOCIAL SECURITY # PHONE NUMBER E-MAIL ADDRESS

3. _____
NAME PROGRAM

LAST 4 DIGITS OF SOCIAL SECURITY # PHONE NUMBER E-MAIL ADDRESS

The Behavioral Health Training and Education Network has been approved as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 1760 Old Meadow Road, Suite 500, McLean, MA 22102

