

The Behavioral Health Training and Education Network (BHTEN)
with support from The Philadelphia Department of Behavioral Health/Intellectual disAbility Services presents

Issues and Resources Training Series

Reflective Supervision

Presenters:

Cynthia Shirley, MSW, LSW, The Health Federation of Philadelphia

Kalma Kartell White, MEd, CPRP, Behavioral Health Training & Education Network

Both Ms. Shirley and Ms. White have extensive experience in direct service, supervision and in providing training and technical assistance regarding trauma informed practice. Neither Ms. Shirley or Ms. White have real or apparent conflicts to disclose.

No commercial support was received to fund this event

Day/Date: **Wednesday, December 7, 2011**

Time: **9:00 a.m. to 3:30 p.m.**

Cost: **\$20.00 per person**

Location: Behavioral Health Training and Education Network (BHTEN)
520 North Delaware Avenue, 7th Floor, Suite 7C,
Philadelphia, PA 19123

- BHTEN IS LOCATED IN THE RIVERVIEW PLACE BUILDING, ON THE SOUTHEAST CORNER OF DELAWARE & SPRING GARDEN: ENTRANCE ON SPRING GARDEN STREET

Target Audience: This introductory course is **designed for supervisory and management staff that supervise direct care workers and/or direct care supervisors** in Behavioral Health and other Human Services settings. It was first presented in March 2011.

Description: Supervision of direct service staff should include administrative, educational & supportive components, yet support for staff, a most important aspect, often gets the least effective attention. Reflective Supervision, a collaborative model, provides opportunities for thoughtful, goal directed supervisory sessions that support workers in their professional decision-making while acknowledging and examining workers' repeated exposure to traumatic material from persons being served. Reflective Supervision, an invaluable tool, promotes worker well being, in turn promoting quality services.

Learning Objectives -- By the end of the presentation, participants will be able to:

1. Define Reflective Supervision
2. Name 2 of the 3 core components of Reflective Supervision
3. List 2 benefits of Reflective Supervision
4. Examine connection between empathy and vicarious trauma
5. Discuss supervisory practices that will help integrate trauma informed thinking into ongoing supervision

Credits: 5 PCB Credits approved by the PA Certification Board;

.5 CEUs - BHTEN is authorized by IACET to offer .5 CEUs (= 5 Training Hours) for this program

5 SW Credit Hours: This training is co-sponsored by the Bryn Mawr Graduate School of Social Work and accredited School of Social Work Social Research for a maximum of 5 credit hours. Bryn Mawr College GSSWSR, as a CSWE, is a pre-approved provider of continuing education for Social Workers in PA and many other states.

5.0 CE credits for psychologists are offered. BHTEN is approved by the American Psychological Association to sponsor continuing Education for psychologists. BHTEN maintains responsibility for this program and its content

5.0 CPRP CEUs—BHTEN is approved by the United States Psychiatric Rehabilitation Association (Provider #011190) to sponsor continuing education for Certified Psychiatric Rehabilitation Practitioners. BHTEN maintains responsibility for the program and its content

Participants Must Attend Entire Presentation & Complete Course Evaluation to Receive CEUs

Special Needs: CONTACT SHEYEL RORIE AT (215) 923-2116, EXT. 270 WITH ANY SPECIAL NEEDS -- INDICATE THEM ON THE REGISTRATION FORM

Bad Weather? Call 215-923-2116, ext. 401 after 6:30am on day of training to check for any delays or cancellations.

Questions? Please call Tiffany Livingston, Clerical Assistant, at 215-923-2116, ext. 293.

Parking: Public transportation to BHTEN is strongly recommended,

- Parking is not provided at the site and metered street parking is extremely limited.
- BHTEN is not able to provide or make change for the meters.
- Please plan accordingly.

Clothing Suggestion: Maintaining a room temperature that is comfortable for everyone is very difficult – Please wear layered clothing and/or bring a light sweater or jacket in case the room becomes too cool.

