

The Behavioral Health Training and Education Network
in conjunction with the Philadelphia Department of Behavioral Health /
Intellectual disAbilities Services and with the support of the PA Masonic Youth Foundation
Presents

**“Digital Health for Youth:
Addressing Mental Health & Physical Well-Being in the Digital World?”**

**Tuesday, January 8, 2019
9:00 AM -12:15 PM**

Presenter: Deborah McCoy, Educational Development Services, LLC
Ms. McCoy has extensive experience working in educational settings, working for the PA Department of Education as a SAP Regional Coordinator and a consultant to schools on bullying and safety issues. She also works in close collaboration with the PA Masonic Youth Foundation. *(Ms. McCoy has disclosed no real or apparent conflict of interest regarding this course.)*

Program: Youth spend a significant amount of time in the digital world, and at increasingly younger ages. While there is a great deal of positive value in this digital world, including creative outlets and access to information, there is also cause for concern. There has been a sharp decline in inter-personal interactions with peers and increasing mental health issues among young people. This workshop will address these concerns and offer possible solutions.

Learning Objectives: By the end of this workshop, participants will have:
1. Examined the mental health aspects of digital speech;
2. Explore the physical health aspects of the digital world;
3. Discussed the issues of decency and tolerance; and,
4. Outlined strategies for promoting the physical and mental health of young people.

Target Audience: This workshop is intended for all those who work in the Children’s Behavioral Health System. There are no pre-requisites. **This workshop is limited to 35 participants.**

Credits: **3 SW credit hours awarded.** This program is co-sponsored by Bryn Mawr College Graduate School of Social Work and Social Research. As a CSWE accredited program, the Graduate School of Social Work and Social Research at Bryn Mawr College is an approved provider of continuing education for social workers, professional counselors, and marriage and family therapists in Pennsylvania and many other states.

3 CE credit hours for Psychologists awarded. BHTEN is approved by the American Psychological Association to sponsor continuing education for psychologists. BHTEN maintains responsibility for this program and its content.

3 PCB approved hours of Education for this training.

The Behavioral Health Training & Education Network is accredited by the International Association of Continuing Education & Training (IACET) and is authorized to issue the IACET CEU. As an IACET Accredited Provider, BHTEN offers CEUs for its programs that qualify under the ANSI/IACET Standard. BHTEN is authorized to offer **.3 CEUs** for this program.

Fee: The fee for this training is \$10.00

Location: 520 North Delaware Avenue, 7th Floor, Suite 7C, Philadelphia, PA 19123 (BHTEN is located in the Riverview Place Building, corner of Delaware & Spring Garden; entrance on Spring Garden Street).
NOTE: GPS will not provide correct directions.

For directions, parking information, cancellation policies, CEU’s and other general information, please visit the “FAQ” section of our website at: www.bhten.com



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Pre-registration is required

Registration Information:

- Registration will not be done by telephone
- Payment may be made by school/agency check, personal check or money order. Please make checks payable to: **The Consumer Satisfaction Team, Inc.**
- Please note: Payment must accompany registration. The fee is **\$10.00 per person.**
- We cannot accept cash payments. There will be a **\$35.00** charge for returned checks.
- No refunds without 72 hours notice.
- The completed registration form and payment can be mailed to:

The Behavioral Health Training and Education Network
C/O Clerical Assistant
520 North Delaware Avenue, Suite 7C
Philadelphia, PA 19123

- Registration Deadline: January 3, 2019. Registration is done on first come, first served basis.
- Sign-in begins at 8:30 AM on the day of the training

Confirmation: The identified contact person will receive confirmation for all registered participants by fax prior to the training date. Please bring your confirmation with you.

To Register: Please complete the requested information below for each attendee.
Please type the information or PRINT clearly.

Agency/School Name

Contact Person and Position

Mailing Address

Phone #

City, State & ZIP

Fax #

Participant Names

*(Please indicate any special needs of participants)
(Make as many copies as necessary for registrants.)*

1. _____

Name

Professional Title

E-Mail Address

Program

2. _____

Name

Professional Title

E-Mail Address

Program