

The Behavioral Health Training and Education Network (BHTEN)  
Co-Sponsored by Bryn Mawr College Graduate School of Social Work & Social Research  
with support from The Philadelphia Department of Behavioral Health & Intellectual Disability Services (DBHIDS)  
presents:

## The Power of Knowing: Psycho-Education as a Trauma Intervention

Presenters

### Edie Mannion, LMFT

Manager & Co-Founder, Training & Education Center, Mental Health Association of Southeastern Pennsylvania

### Mary Catherine Lowery, MS, CAADC

Program Coordinator, Training & Education Center, Mental Health Association of Southeastern Pennsylvania  
Ms. Mannion, and Ms. Lowery have provided training presentations to service providers, individuals with lived experience and family members related to the impact of trauma and child abuse. Ms. Mannion and Ms. Lowery have provided direct service to individuals and families as well as psychoeducation and family education for many years.

*Ms. Mannion and Ms. Lowery have no real or apparent conflicts to disclose. This program has not received commercial support*

**This is a Repeat Presentation**

**Day/Date:** Tuesday, March 5, 2019

**Time:** 9:00 AM to 3:30 PM (REGISTRATION BEGINS 8:30 AM)

**Target:** This introductory, course is for staff working in mental health, substance abuse and other human services settings.

**Audience:** REPEAT PRESENTATION: FORMERLY TRAUMA/COMPLEX TRAUMA & PSYCHO-EDUCATION..., HAS BEEN REVISED & UPDATED.

**Location:** 520 North Delaware Avenue, 7th Floor, Suite C, Philadelphia

BHTEN IS LOCATED IN THE RIVERVIEW PLACE BUILDING, CORNER OF DELAWARE & SPRING GARDEN: ENTRANCE ON SPRING GARDEN ST

**Cost:** \$30.00 Per Person: SECURE ONLINE PAYMENT ACCEPTED

**Program Description:** Psycho-educational interventions can offer knowledge; skills and hope for addressing the challenges that trauma can create. that trauma/complex trauma can create in recovery. This presentation will help participants learn and apply skills for group and individual psycho-educational interventions aimed at people who have experienced various types of trauma or complex trauma, as well as family members of people with serious behavioral health disorders who often experience trauma and vicarious traumatization.

**Program Learning Objectives:** By the end of this basic overview training, participants will be able to:

1. Identify at least 3 diagnostic criteria for post-traumatic stress disorder (PTSD), complex PTSD, and borderline personality disorder (BPD) per the DSM-V
2. List at least 2 differences between psycho-education and therapy.
3. Describe at least 2 psycho-educational interventions for trauma survivors
4. Describe at least 2 psycho-educational interventions for family members of people with trauma-related disorders & other behavioral health disorders
5. List at least 3 skills for conducting a psycho-educational intervention
6. Begin to develop a psycho-educational intervention for a particular issue or population

**Credits:**  
.5 CEUs—BHTEN is authorized by IACET to offer .5 CEUs (= 5.0 TRAINING HOURS) for this program  
5.0 PCB credits awarded through the Pennsylvania Certification Board  
5.0 SW credit hours awarded. This program is co-sponsored by Bryn Mawr College Graduate School of Social Work and Social Research. As a CSWE accredited program, the Graduate School of Social Work and Social Research at Bryn Mawr College is a pre-approved provider of continuing education for social workers, professional counselors, and marriage and family therapists in Pennsylvania and many other states.  
5.0 CE credits for Psychologists are offered. BHTEN is approved by the American Psychological Association to sponsor continuing education for psychologists. BHTEN maintains responsibility for this program and its content

**Special Needs: Please indicate special needs on the registration form & call Tiffany Livingston, 215 923-2116, x 293**

**BAD WEATHER?** >>> CALL 215-923-2116, EXT. 401 TO CHECK ON ANY DELAYS OR CANCELLATIONS

**QUESTIONS?** >>> TIFFANY LIVINGSTON, CLERICAL ASSISTANT AT 215-923-2116, EXT. 293

**PARKING:** >>> PARKING IS NOT PROVIDED AND IS DIFFICULT TO FIND

- > WARNING: Cars will be towed from nearby parking lots
- > BHTEN IS UNABLE TO PROVIDE NOR MAKE CHANGE FOR THE METERS.
- > PUBLIC TRANSPORTATION IS STRONGLY RECOMMENDED

#### CLOTHING SUGGESTION

**Maintaining room temperature that is comfortable for everyone is very difficult; you may want to wear layered clothing and/or bring a light sweater or jacket for when the room becomes too cool.**

**OVER—>**



# The Power of Knowing: Psycho-Education as a Trauma Intervention

Tuesday, March 5, 2019

## Registration Form

**PRE-REGISTRATION and PRE-PAYMENT OF FEE are required.**

- **FEE PER PERSON: \$30.00 – SECURE ONLINE REGISTRATION AND PAYMENT NOW ACCEPTED AT THE FOLLOWING LINK:**

**OR Make checks or money orders payable to THE CONSUMER SATISFACTION TEAM.**

- **NO cash payments; \$35.00 CHARGE FOR RETURNED CHECKS**
- **Payment & registration form must be submitted together; registration will not be done by fax or phone.**
- **MAIL check or money order and registration form to:**  
**The Consumer Satisfaction Team**  
**C/O Lisa DeStefano, Clerical Assistant**  
**520 North Delaware Avenue, Suite 7C**  
**Philadelphia, PA 19123**
  - **Registration Form and Payment Deadline: March 1, 2019**
  - **SPACES ARE EXPECTED TO FILL QUICKLY.**
  - Registration is done on a first come, first served basis.
  - Registration will be closed once seating capacity is reached
  - Sign-in begins at 8:30 AM on the day of the training

### Confirmation:

EACH PERSON REGISTERING WILL RECEIVE AN E-MAIL CONFIRMING THE REGISTRATION PRIOR TO THE TRAINING DATE.

EACH ONE IS ASKED TO BRING THEIR CONFIRMATION LETTER ON THE DAY OF THE TRAINING

PLEASE TYPE THE INFORMATION OR PRINT CLEARLY.

PROGRAM NAME

AGENCY NAME

AGENCY STREET ADDRESS

CONTACT PERSON AND POSITION

CITY, STATE, ZIP CODE

E-MAIL ADDRESS

PHONE

FAX

### Participant Names and Programs

(PLEASE INDICATE ANY SPECIAL NEEDS OF PARTICIPANTS & CALL LISA DESTEFANO, 215 923-2116, EXT. 293)

**COMPLETE ALL INFORMATION FOR EACH PERSON REGISTERING**

1. \_\_\_\_\_

**NAME**

PROGRAM NAME

JOB TITLE

HIGHEST DEGREE/CONCENTRATION

E-MAIL ADDRESS

2. \_\_\_\_\_

**NAME**

PROGRAM NAME

JOB TITLE

HIGHEST DEGREE/CONCENTRATION

E-MAIL ADDRESS

3. \_\_\_\_\_

**NAME**

PROGRAM NAME

JOB TITLE

HIGHEST DEGREE/CONCENTRATION

E-MAIL ADDRESS

The Behavioral Health Training and Education Network is accredited by the International Association for Continuing Education and Training (IACET) and is authorized to issue the IACET CEU.

