

Presents:

S.E.L.F. -- Bringing Trauma-Informed Conversations & Care to the Practice Setting

PROGRAM DESCRIPTION: This Intermediate level two-day workshop identifies and describes central constructs of trauma-informed theory. From these constructs the central themes and tenets of the S.E.L.F. tool are distilled into four easily understood, easily integrated issues: Safety; Emotions and their Management; Loss and Letting Go; and Future. S.E.L.F., created by the developers of the Sanctuary model, is the means through which complexity is more easily understood and brought to the practice setting to support recovery and resilience.

PRESENTERS:

Ruth Ann Ryan, APRN, BC, Board-certified Clinical Nurse Specialist, Consultant, Trainer

Joseph F. Foderaro, LCSW, BCD, Diplomate, American Board of Examiners in Clinical SW, Clinician, Consultant and Trainer.

Ms. Ryan & Mr. Foderaro are Co-founders of the Sanctuary Programs. They have no real or apparent conflicts to disclose.

No commercial support received for this program

PROGRAM LEARNING OBJECTIVES By the end of this workshop participants will be able to:

1. Examine the central tenets of trauma theory
2. Define the elements of S.E. L. F.
3. Recognize how the element of Safety is applicable to participants' service settings
4. Describe how the element of Emotions and their Management is applicable in service settings
5. Apply Safety and Emotion Management in experiential exercises and small groups.
6. Define the element of Future as it pertains to the service setting
7. Apply Loss, Letting Go and Future in experiential exercises and small groups
8. Describe integration of the four elements of S.E.L.F.
9. Discuss strategies to integrate the S. E. L. F. framework into your practice settings
10. Define the element of Loss and Letting Go and its applicability to service settings
11. Identify at least one of the inherent strengths and at least one of the vulnerabilities of SELF as a culturally humble and relevant tool.
12. List three types of community or agency settings where the SELF Model has been integrated into its programmatic design



DATE:

Thursday & Friday, February 20 & 21, 2020
Registration will close February 18, 2020

TIME:

9:00am—4:30pm each day
Sign-In begins 8:30am

FEE:

\$100 per person (Discounted Rate)

TRAINING LOCATION: BHTEN

520 Delaware Ave., 7th Fl, Philadelphia, PA
Riverview Building
Entrance on Spring Garden Street

REGISTRATION ONLINE AT THIS LINK:

[S.E.L.F.: Bringing Trauma-Informed Conversations and Care to the Practice Settings registration link](#)

SENDING CHECK/MONEY ORDER? SEE REGISTRATION PAGE HERE

Register early space is limited

TARGET AUDIENCE:

Provider Agency staff—masters level or above &/or teams of masters-level and other levels of staff — **IF YOU WANT TO ATTEND BUT DO NOT MEET THE CRITERIA CONTACT KALMA WHITE (kkartellwhite@bhten.com) TO DISCUSS POSSIBLE OPTIONS**

QUESTIONS or SPECIAL NEEDS:

Contact: Sheyel Rorie
Phone: 215 923-2116, ext 293

Parking is very limited,
Public Transportation is recommended.

For directions, parking, cancellation policies, CEU details and other general information, please visit the FAQ section of our website at:


www.bhten.com

Inclement weather?

Call 215-923-2116, x401 to confirm status of the training.

*** ROOM TEMPERATURE VARIES, WE SUGGEST LAYERED CLOTHING AND/OR A LIGHT SWEATER OR JACKET ***

Credits: Participants Must Attend Entire Session & Submit a Completed Course Evaluation to Receive Continuing Education Credits.

- 12 PCB approved hours of Education. BHTEN is certified by the Pennsylvania Certification Board, Provider #310.
- 12 SW credit hours awarded. This program is co-sponsored by Bryn Mawr College Graduate School of Social Work and Social Research for a maximum of ___ credit hours. Bryn Mawr GSSWSR, as a CSWE accredited School of Social Work, is a pre-approved provider of continuing education for Social Workers, professional counselors, and marriage and family therapists in PA.
- 12 CE credit hours for Psychologists awarded. BHTEN is approved by the American Psychological Association to sponsor continuing education for psychologists. BHTEN maintains responsibility for this program and its content.
- 12 CPRP CEUs— BHTEN is approved by the United States Psychiatric Rehabilitation Association (Provider #011190) to sponsor continuing education for Certified Psychiatric Rehabilitation Association (Provider #011190) to sponsor continuing education for Certified Psychiatric Rehabilitation Practitioners
- 1.2 IACET CEUs. BHTEN is accredited by the International Association for Continuing Education and Training (IACET) and is authorized to issue the IACET CEU. As an IACET Accredited Provider, BHTEN offers CEUs for its programs that qualify under the ANSI/IACET Standard. BHTEN is authorized by IACET to offer ___ CEUs for this program, 

Conflict of Interest Disclaimer: The presenters have disclosed no real or apparent conflicts of interest.

The Behavioral Health Training and Education Network (BHTEN) Trauma Training Initiative
S.E.L.F. -- Bringing Trauma-Informed Conversations and Care to the Practice Setting

SPACE IS LIMITED! FIRST COME, FIRST SERVED!
PRE-REGISTRATION IS REQUIRED!

To pre-register, fill out the form below indicating each person attending the training.

Please complete registration form and send with Payment ASAP!

Payment & Registration form **must** be submitted together; registration **cannot** be done by fax or by phone.

Program fee: \$100

Accepted forms of payment: Agency check, personal check, money order
There will be a \$35 charge for returned checks

Make checks payable to: **The Consumer Satisfaction Team**

Mail payment and completed registration form to: The Behavioral Health Training and Education Network
c/o Sheyel Rorie
520 N Delaware Ave, Suite 7C
Philadelphia, PA 19123

Cancellation policy: No check or money order will be returned for participants who fail to cancel at least one (1) business day prior to the start of the training.

- **Complete the requested information below: include a primary contact person and details for each attendee.**
- **INDICATE ANY SPECIAL NEEDS OF PARTICIPANTS AND NOTIFY SHEYEL RORIE (215 923-2116, x270) AT LEAST 2 WEEKS IN ADVANCE OF THE TRAINING.**
- **The identified contact person will receive a letter of confirmation for all registered participants prior to the training date. Participants should bring a copy of the confirmation letter to the training.**

Please honor the **registration deadline of February 18, 2020**
Type the information or PRINT clearly!

AGENCY NAME	CONTACT PERSON	E-MAIL
MAILING ADDRESS	PHONE	FAX
TODAYS DATE	TRAINING DATE	
PARTICIPANT ONE NAME	PROGRAM	EMAIL/PHONE
PARTICIPANT TWO NAME	PROGRAM	EMAIL/PHONE
PARTICIPANT THREE NAME	PROGRAM	EMAIL/PHONE
PARTICIPANT FOUR NAME	PROGRAM	EMAIL/PHONE

Questions?: Contact Sheyel Rorie (215 923-2116, X270)

Sign-in begins at 8:30am